



# TRAINING SCHEDULE

## GRACIE BARRA SINGAPORE

42B Hong Kong Street | [graciebarra.com.sg](http://graciebarra.com.sg)

TIME / DAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
7.00AM - 8.00AM	ALL LEVELS		ALL LEVELS		ALL LEVELS
7.30AM - 8.30AM		ALL LEVELS		ALL LEVELS	
8.30AM - 12.00PM					
12.00PM - 1.00PM	BASIC	INTERMEDIATE	BASIC	INTERMEDIATE	BASIC
1.15PM - 2.15PM	INTERMEDIATE	BASIC	INTERMEDIATE	BASIC	INTERMEDIATE
2.15PM - 5.00PM					
5.00PM - 6.00PM	KIDS		KIDS		KIDS
6.10PM - 7.10PM	ALL LEVELS	COMPETITION	BASIC	COMPETITION	ALL LEVELS
7.20PM - 8.20PM	COMPETITION	ALL LEVELS	COMPETITION	ALL LEVELS	COMPETITION
8.30PM - 9.30PM	BASIC		NO GI (ALL LEVELS)		BASIC
DAY / TIME	10.00AM - 11.00AM	11.10AM - 12.10PM	12.20PM - 1.20PM	1.30PM - 2.30PM	
SATURDAY	KIDS	ALL LEVELS	COMPETITION	NO GI (ALL LEVELS)	